

## SOUL FROM MY HEART

To begin, I am immensely proud of my daughter and her contribution to this page and writing. On discovering her quote (s) using *Google*, the thought occurred to me to develop and devote this page, "ABBY's", to her – and to other Abby's that offers deep, rich and applicable words.

Kathryn Abigail Rainer is a musician and, as with her older brother, participates in her high school band. Apparently her love for music has been somewhat broadcast to the world via the Internet and I am blessed because of it.

The quote is courtesy of **sheetmusicplus.com** as follows:

This is the most beautiful piece of music of its kind. Our band is also playing Molly on the Shore and March Bou-Shu (an Asian-style march), and this is song elicits my soul from my heart, and puts it into my clarinet. It's just that beautiful, and is simply stunning."

The music she is replying to is "Solas Ane" (Yesterday's Joy). As I listen to the arrangement (for the first time), I can quickly realize why she is (or was) so enthralled by it – why it "elicits" her soul from her heart. It is "simply stunning". Being of miniscule mind in music, my effort to add to her comments are limited – and so I'll try anyway.

With an introduction of a few instruments and predominate flute, the composition gradually builds into the full complement of powerful brass and percussion. Yet, the flute continues a dominate return juxtaposed with the full rich refrain of the brass. For the simple-person that I am, the theme is a cross between Celtic and some western themes illustrated with the vast horizon of endless, sun-drenched terrain meeting the skyline. In the end or climax, the heavy percussion and flute mix reminds me of "tribal" beats that might occur in the backdrop of *Braveheart* or some similar epic of the clans.

Her tribute to this composition is more to me than the song; but again, I am only an occasional guitar player and cannot even read music – let alone understand and appreciate it. What I like about music is simply the way that it moves me – both in the words and the melody. This reaction is also contingent on my mood or circumstance at the time. Folk music is likely my favorite form because it appeals to the "common people"...like me.

@BCL@48094691

Coincidentally, I have been reading and writing about the soul, and on that note, am going to concentrate on the segment of Abby's quote: "...this is song elicits my soul from my heart, and puts it into my clarinet."

At the strong possibility of misinterpreting her impression (or quotation), let me begin by saying that she is enthralled with the music; and though by title being "Yesterday's Joy", she is experiencing joy on the day that she plays or hears it. "Yesterday's Joy" seems to be cause for joy *today*.

As I try to understand her experience, my thoughts turn to those times when I play (or hear) music and it seems to connect – or to affect the deepest part of my being. Whether the condition actually improves my play, I am not sure; but what is apparent is that I and the instrument (or the writer) seems to really connect in a moment or for the length of the piece. Whether in my mind or the outpouring of emotions, I am swept-up in the moment – while everything else is on hold or has been laid aside. In the rare moments, the music lifts my soul and exalts me to a place that is beyond the troubles of the day or the conditions beyond.

**The soul is usually a description for our inner being** – the deepest part of us that may go largely unnoticed or unattended until it is awakened from its depths. The soul has the spiritual connotations of that which is most closely linked to God; perhaps, the "image of God" in which we are created...

A movement or stirring of the soul is a spectacular event because it is so profound and personal. The expression, "I was moved by..." suggest that the soul has been touched or moved. Not to confuse this "movement" with emotions – as we deal with emotions all the time for good and bad. In the course of day, our hearts experience numerous emotions; why even our diet can affect how we feel or the state of our emotions. **Nope, the stirring of the soul is deeper and distinct from simply an emotional experience.** I don't think we can account for a day's emotions; but a stirring of the soul...now that's a different matter!

For Abby, the song or music has meaning that is more defined than occasional or sporadic; it has carried her into another world where the initial view and introduction is most illuminating and elevating. Quite possible removed from even her own identity, Abby is completely engulfed in an environment and experience that is beyond imagination.

Not necessarily prepared for the occurrence, she is further intrigued by the unexpected connection with that generally-quiet part called the soul. Suddenly released (or drawn) from her heart, the soul has taken her to another place or time that, ironically, may have once existed...though she is not certain. Has she heard this melody before? Can it be that somewhere and sometime she heard – or even played the composition in her mind? Maybe not; but she cannot stop the stirring all the same...

The stirring of the soul is so profound and powerful that it must be expressed; so she does so through the instrument and, subsequently, in her on-line comments...and praise. Having recorded the experience – in both her experience and the comments – she is able to recall and revisit this place where on that day she witnessed "Yesterday's Joy".