

Reading Through Psalm - My Thoughts and Comments

Psalm 34: 4-8; 11

New International Version

I sought the Lord, and he answered me; he delivered me from all my fears.
Those who look to him are radiant; their faces are never covered with shame...

The Message

*God met me more than halfway, he freed me from my anxious fears.
Look at him; give him your warmest smile. Never hide your feelings from him. When I was desperate, I called out, and God got me out of a tight spot.
God's angel sets up a circle of protection around us while we pray.
Open your mouth and taste, open your eyes and see—how good God is.
Blessed are you who run to him. Come, children, listen closely;
I'll give you a lesson in God worship.*

So often fear overtakes us; we worry about many things. For David in this Psalm, such fears have been taken away or removed by God: David prayed to be delivered from the fears - and God did it! God will also deliver us (or takeaway) long-term shame or the feeling that we never measure-up or do things right. Though others, including those closest to us, can makes us feel inadequate or lacking; yet God forgives us when we ask - he wipes away the shame and humiliation of sin or wrongdoing and loves us unconditionally or loves us more that anyone or everyone!

God is great isn't he? He takes away the concern about sinning or being sinned against - which is fear. He takes away the feeling about sin or temptation that occurs without love and may leave us feeling devalued and worthless - this is shame.

If you remember the most delightful tasting thing, like cake or ice cream, consider that the Lord is even sweeter - he is sweeter than the honeycomb and more precious than much fine gold.

Therefore take heed and listen to my words: God loves you and wants you to honor and worship him as Lord. Please love and honor him.

H. Kirk Rainer