

Reading Through Psalm - My Thoughts and Comments

Psalm 41: 1, 10

New International Version

Blessed is he who has regard for the weak; the Lord delivers him in times of trouble.

The Message

Dignify those who are down on their luck; you'll feel good—that's what God does. God, give grace, get me up on my feet. I'll show them a thing or two.

Jesus has regard for the weak. Jesus spoke of the weak (using several different examples) in the Beatitudes (Matthew 5): "the poor in spirit," those who are meek" (or humble), "those who mourn" (or sorrowful), and "those who are merciful" (compassionate) are all examples of those who have some weakness or flaw. But Jesus loves those who are weak; for the weak need Jesus - they need help!

In the Old Testament, King Saul did not really need God's help - or so he thought: Saul lost faith in God and placed his trust in himself; it was his pride (self-confidence without trusting in God) and his deep jealousy of David that led to his downfall. The scriptures tell us that too much pride can lead to downfall; that is, when we trust only in ourselves and not in God as Lord of our lives, a fall is certain to happen.

As for the weak, the disposition of being in need makes us more inclined to turn our trust to God. When we're desperate and our circumstances are difficult, God is present. Remember, he loves the weak, the merciful, and the poor in spirit; basically, he loves us all, but it is our decision to love him.

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