

Reading Through Psalm - My Thoughts and Comments

Psalm 6: 1-2; 8-9

New International Version

O Lord, do not rebuke me in your anger or discipline me in your wrath. Be merciful to me, Lord, for I am faint; O Lord, heal me for my bones are in agony.

Away from me all you who do evil, for the Lord has heard my weeping. The Lord has heard my cry for mercy; the Lord accepts my prayer.

The Message

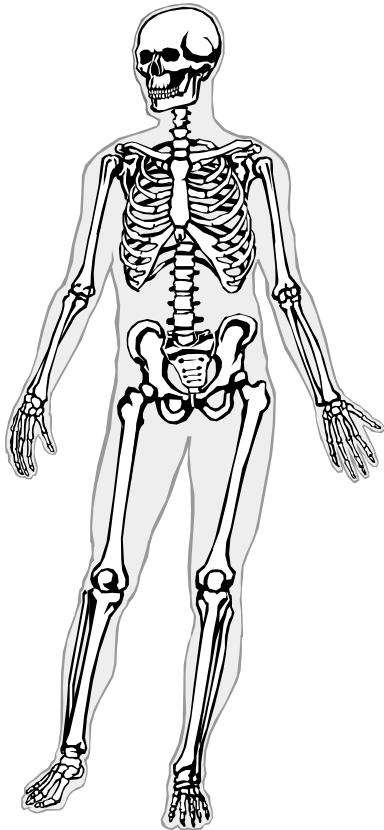
Please, God, no more yelling, no more trips to the woodshed.

Treat me nice for a change; I'm so starved for affection.

Get out of here, you Devil's crew: at last God has heard my sobs.

My requests have all been granted, my prayers are answered.

In this verse, David is asking that the Lord not be angry with him; rather, that the Lord be merciful or to show kindness toward David. David is weary (faint) or very tired for reasons not certain.



Do you ever get really tired and sleepy, where you can't even think and may be even be weak or sluggish? I know that when I get really tired, my body just wants to shutdown - I just want to be left alone to rest and relax. It seems that David was so weary that even his bones were in agony or pain. With all the bones in the human body, he must have been in a lot of pain.

Later in this chapter, David seems to be freed from this pain through the power of prayer; the cause or causes have left (all those who do evil) are no longer present but, with David's sincere prayer, have left or gone. Oh yes, David feels great right down to the bones and is once again delivered through the power of prayer, through God.

Lord, protect them...bones and all!

H. Kirk Rainer